

The New Sex Bible for Women The Complete Guide to Sexual Self-Awareness and Intimacy



BOOK DETAILS

- Author : Amie Harwick
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BOOK SYNOPSIS

You've heard it over and over again... the key to a great sexual experience is satisfying your partner. Is it true though? For most women, great sex lies in not only satisfying your partner, but also having a good understanding of your own body, needs, and desires. Whether you're younger or older, married or not, *The New Sex Bible for Women* is an all-encompassing and fully comprehensive guide for women covering everything from masturbation, oral sex, self-esteem and self-care, sex positions, safety and concerns, and sex aides. Using scientific studies, case studies, testimonials, input from celebrities and professionals in the sexual health field, and illustrations, Amie Harwick walks you through every question and provides you with the information you need to become a better lover and bring even more enjoyment out of sex.

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