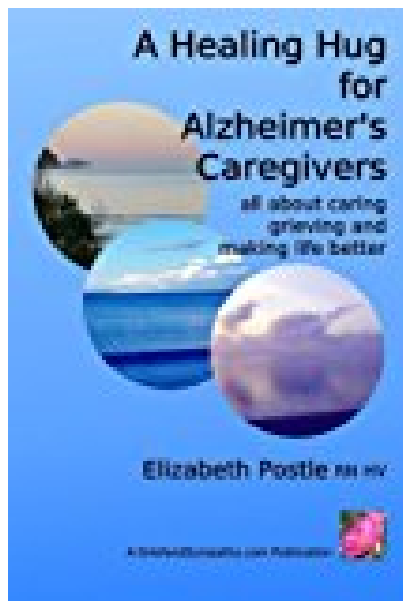


A Healing Hug for Alzheimers Caregivers All About Caring Grieving and Making Life Better



BOOK DETAILS

- Author : Elizabeth Postle RN HV
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BOOK SYNOPSIS

Understanding Alzheimers is a practical guide for the hundreds of thousands of Australians dealing with this extremely challenging condition. Each week, 1500 Australians are diagnosed with Alzheimers or a dementia-related illness. This timely book answers many of the common questions asked by carers, patients and the public, including: · How is Alzheimers diagnosed? · Is it possible to prevent and/or slow down the disease? · What are the risk factors for contracting Alzheimers? · What are the best current treatments, and what is the research telling us about new treatments? · How can diet, physical activity and mental exercise be used to help manage the disease? · What are the emotional and legal issues around caring for someone with Alzheimers? Drawing on some of Australias top experts in the field, and containing numerous personal stories and a section on where to get help, this guide offers the best and latest medical information as well as compassionate and reassuring advice for those whose lives are affected by Alzheimers.

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